

AT THE HEART OF MARRIAGE



Marriage Preparation Programme

ACCORD cares about your relationship and your future together. The marriage preparation course we offer is designed with you in mind.

Your Marriage Preparation Course offers both of you the opportunity to reflect on how you communicate, to explore your understanding of commitment, how to manage conflict, how to be responsible parents and live the sacrament of marriage.

- Spend quality time together reflecting on your relationship and your future.
- Relax and enjoy an atmosphere that is respectful, confidential and fun.
- Meet other couples preparing for marriage.

Be assured that at no time during the programme will any couple or individual be placed in a situation that will cause embarrassment or distress.

Marriage and Relationship Counselling

ACCORD, Catholic Marriage Care Service, has been delivering a professional counselling service in Ireland for over fifty years. There are 60 ACCORD Diocesan Centres dotted throughout the Island of Ireland. We, in ACCORD, are committed to providing a professional counselling service for individuals and couples who are experiencing difficulties in their marriages and relationships. We provide a safe place to explore relationship difficulties in a confidential, respectful and non-judgemental setting.

ACCORD offers a safe, professional and confidential service facilitating couples and individuals to explore, reflect upon and resolve difficulties in their marriage and relationships. Counselling is arranged by contacting any one of our centres throughout Ireland, north and south listed on the map at the back of this brochure.

Role of Counsellor

ACCORD counsellors deliver a professional counselling service. Using a non-directive approach they help clients to identify underlying issues, clarify their needs and expectations, work through areas of conflict and explore sensitive and painful issues in a safe environment.

Is The Service Confidential?

ACCORD maintains the highest standards of privacy and confidentiality at all times. Confidentiality may only be broken to protect a child or adult, including the client, from abuse or danger.

Marital Sex Therapy: Many couples and individuals can experience difficulties in their sexual relationship. These difficulties may be resolved without a couple having to seek help, however sometimes they may need the assistance of a therapist trained in psychosexual behaviour to help them work through the issues to successful resolution. This service is offered to couples and individuals who are married.

Domestic Violence Counselling: Domestic violence is a form of abuse that includes both physical and emotional/psychological abuse. ACCORD provides a specialist service for couples and individuals where Domestic Violence is present in the relationship.

Fertility and Wellbeing Counselling. ACCORD offers an educational and supportive service in Fertility Awareness. The methods utilised by our practitioners are natural, evidence-based, and the result of years of scientific research which has refined these techniques into a safe, effective method of fertility and wellbeing awareness and fertility management.

ACCORD DIOCESAN CENTRES

