

*"If you can't talk to each other, talk to ACCORD"*

# Marriage & Relationship Counselling



CATHOLIC MARRIAGE CARE SERVICE

## Marriage & Relationship Counselling

ACCORD offers a safe, professional and confidential service facilitating couples and individuals to explore, reflect upon and resolve difficulties in their marriage and relationship. ACCORD counsellors work with people who are married, separated, single or living together. Counselling is arranged by contacting any one of our centres throughout Ireland, North and South, listed on the back of this brochure.

## Counsellor's Role

Our counsellors deliver a professional service in a reassuring atmosphere. In a non-directive manner counsellors help clients to clarify their particular situation, express their thoughts and feelings, help them to explore new options and agree a course of action.

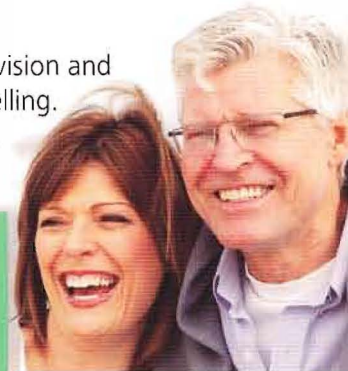
## Qualifications & Experience

All ACCORD counsellors go through a rigorous selection process. They are accredited and trained to the highest professional standards which build on innate qualities of genuineness, warmth and understanding.

## Supervision & Training

All ACCORD counsellors receive ongoing professional supervision and continuous professional development in relationship counselling. This ensures the service you receive is of the highest quality.

*"They helped save our marriage"*



*“We wish we had contacted them sooner as they really helped us resolve our issues.”*



## Client Needs Assessment

This first session establishes the exact nature of your problem and explains the process and commitments. If you need help other than marriage and relationship counselling we will refer you to an appropriate agency.

## Records

Case notes are written by the counsellor after each counselling session. The purpose of these notes is to assist the counselling process. The notes will not contain any information that will identify the client. The notes are stored in a secure locked cabinet and will be destroyed one year after the date of the last counselling session.

## Ethics Policy

All ACCORD counsellors work under a strict code of ethics and practice. This policy protects our clients and ensures a high quality service.

## Complaints

ACCORD welcomes and values client opinion. If clients are unhappy with the service received, ACCORD would like to be informed. Initially concerns are handled by the Chairperson of the centre where counselling is taking place. If clients are not satisfied with the local treatment they may wish to contact our Regional and/or Central Office. Complaints received at Centre level are referred to the Regional Officer and to the National Director.

ACCORD  
TO EXCELLENCE

# Frequently Asked Questions

## How much will Counselling cost you?

ACCORD is a non-profit organisation and much of our professional service is delivered on a voluntary basis. We do incur overheads in providing this service and to cover some of these costs we ask for a contribution based on ability to pay. The amount for each session will be agreed upon at the first session with the counsellor. No one is turned away from ACCORD because of inability to pay.

## How often do I/We attend?

Initial sessions tend to be weekly and last no longer than one hour. Longer breaks may occur between sessions as counselling progresses.

## Is the Service Confidential?

ACCORD maintains the highest standards of privacy & confidentiality at all times. Confidentiality may only be broken to protect a child or adult, including the client, from abuse & danger. Should confidentiality need to be broken, this will normally happen following a discussion with the client(s).

## Does it matter that we're not married?

You don't need to be married. Counselling is provided regardless of marital status.

A photograph of a man and a woman sitting together, looking thoughtful. The man is on the left, wearing a purple shirt, and the woman is on the right, wearing a light green top. They are both looking towards the right side of the frame.

***“We can really enjoy life again”***



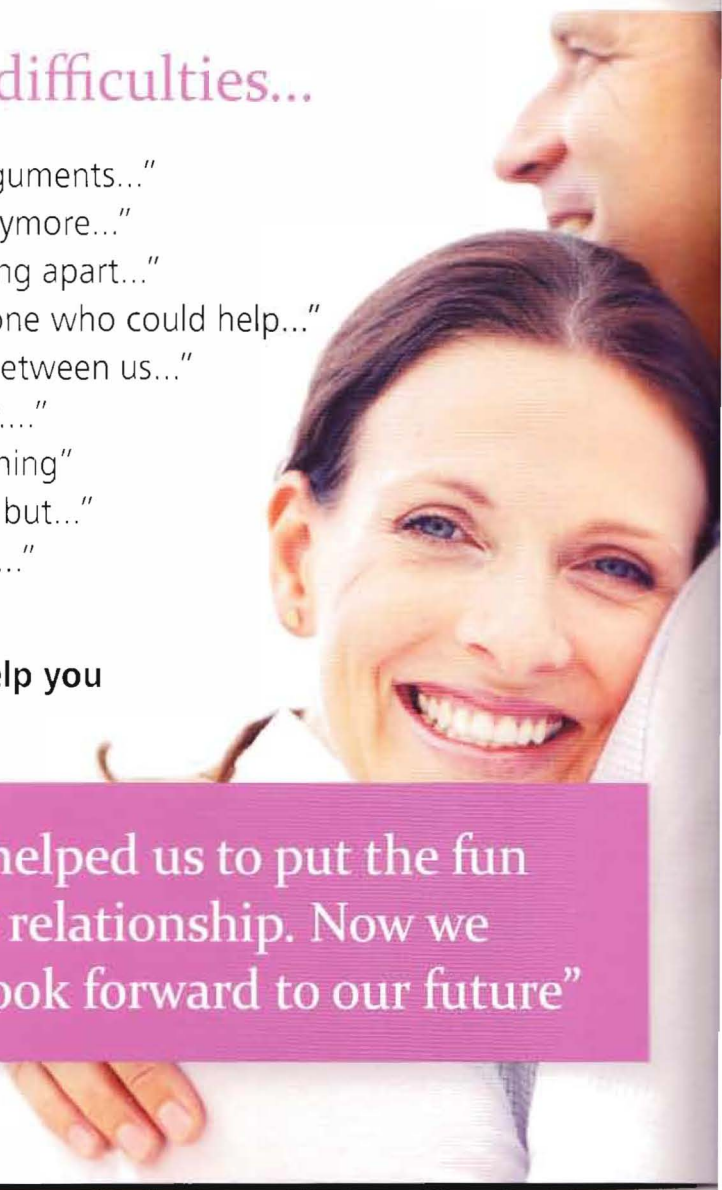
## Some of the difficulties...

- ▶ "I'm so tired of the arguments..."
- ▶ "Why can't we talk anymore..."
- ▶ "It feels like we're falling apart..."
- ▶ "There must be someone who could help..."
- ▶ "There's no intimacy between us..."
- ▶ "We used to be happy..."
- ▶ "...the silence is deafening"
- ▶ "I still love my partner but..."
- ▶ "I can't go on like this..."

**Sound familiar?**

**Then let ACCORD help you overcome them.**

**"ACCORD helped us to put the fun back in our relationship. Now we can really look forward to our future"**



# Contact us...

Central Administration ACCORD Marriage Care, Columba Centre,  
Maynooth, Co. Kildare. Telephone: 01-5053112. Fax: 01-6016410  
E-mail: [admin@accord.ie](mailto:admin@accord.ie) Website: [www.accord.ie](http://www.accord.ie) [www.accordni.com](http://www.accordni.com)  
Or under ACCORD Catholic Marriage Care in the Golden/Yellow Pages  
or the Local Telephone Directory

Local ACCORD Centre

## ACCORD Centres in Ireland

Athlone	090-6475491	Ennis	065-6824297
Ballina	096-21478	Galway	091-562331
Ballinasloe	090-9643573	Kilkenny	056-7722674
Bantry	027-50272	Killarney	064-6632644
Carlow	059-9138738	Letterkenny	074-9122218
Cardonagh	074-9374103	Limerick	061-343000/ 061-343001
Castlebar	094-9022214	Limerick West	069-61000
Cavan	049-4375004	Longford	043-3347222
Charlestown	094-9254944	Monaghan	047-83359
Clonmel	052-6124144	Mullingar	044-9348707
Cloyne	025-31899	Navan	046-9023146
Donegal	074-9723944	Nenagh	1850 58 5000
Drogheda	041-9843860	Newbridge	045-431695
<b>DUBLIN</b>		Portlaoise	057-8661581
Harcourt St.	01-4780866/ 01-4784400	Roscommon	090-6626619
Ballymun	01-8621508	Sligo	071-9145641
Blanchardstown	01-8201044	Thurles	0504-22279
Bray	01-2867712	Tipperary	062-33330/ 1850303202
Clondalkin	01-4593467	Tralee	066-7120194 / 066-7122280
Dun Laoghaire	01-2801682	Tuam	093-24900
Lucan	01-6010844	Tullamore	057-9341831
Marino	01-8338631	Waterford	051-878333
Phibsborough	01-8680028	Wexford	053-9123086
Swords	01-8404550		
Tallaght	01-4590337		
Templeogue	01-4908739		
Dundalk	042-9331731		

## ACCORD Centres in Northern Ireland

### N.I. Regional

<b>Office</b>	028-90-233002
Armagh	028-38-334781
Ballymena	028-38-334781
Belfast	028-90-339944
Derry	028-71-362475
Downpatrick	028-44-613435
Enniskillen	028-66-325696
Maghera	028-79-642983
Newry	028-30-263577
Omagh	028-82-242439

### ACCORD Central Office

Columba Centre, Maynooth, Co. Kildare

Tel: 01- 505 3112

Fax: 01- 601 6410

E-mail: [admin@accord.ie](mailto:admin@accord.ie)

Web: [www.accord.ie](http://www.accord.ie)

[www.accordni.com](http://www.accordni.com)

